



## *Ignatian Prayer Experience 2017*

**One (1) Thursday and Three (3) Wednesday Evenings 7:00 to 8:30 PM**  
**Thurs March 2 ▪ Wed March 8 ▪ Wed March 15 ▪ Wed March 22, 2017**  
**Canisius Chapel at Jesuit High School**  
**9000 SW Beaverton-Hillsdale Hwy.**  
**Portland, OR 97225**

**How's your prayer life?**

**Do you wish to have a deeper relationship with God?**

**Would you like to learn to pray more deeply and meaningfully?**

Join experienced prayer companions from Portland's Spiritual Exercises in Everyday Life (SEEL) retreat for a 4-week Prayer Experience. You will learn prayer practices taught by St. Ignatius, including the Examen of Consciousness, praying with Scripture, imaginative prayer and repetition in prayer. Prayer is an important part of our Catholic faith and you will be moved by the richness of our prayer traditions. Come deepen your relationship with God!

**Contact: Advance registration is encouraged.**

**Please call 503-730-8870 or email [info@seelportland.org](mailto:info@seelportland.org)**