



MOUNT ANGEL INSTITUTE

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at MOUNT ANGEL ABBEY

Applied Thomistic Psychology: HOPE FOR OUR DISORDERED WORLD

WITH CHRISTIN MCINTYRE, MD, PhD

JUNE 14, 2024

9:15 AM – 10:30 AM
10:45 AM – 11:30 AM

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Eight hundred years ago, Saint Thomas Aquinas described the inner workings of the human soul with profound clarity. Today, his writings continue to offer valuable insights into mental health, because the truth of how God designed us becomes a light to reveal how and why some modern therapies work better than others, and why some may pose a danger to our souls. For the mental health crisis in our world today, Thomistic Psychology offers hope for true healing.

Christin McIntyre, MD, PhD, has been in outpatient practice as a psychiatrist in the Portland area since 2002. She continues to see patients in Oregon and Washington by telehealth since relocating to Idaho in 2021. Psychotherapy continues to be a main focus of her practice, and to better serve a growing number of Catholic patients in recent years, she has pursued training in Thomistic Psychology as well as with the John Paul II Healing Center. She and her husband are Oblates of Mount Angel Abbey, where she offers periodic retreats that draw from her experience in clinical psychiatry, spiritual healing ministry, and the Catholic faith.

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